

## Accessibility Services

### Athabasca University: Study Plan Appointment Goals

Date:

Student Name:

Student Identification Number:

Athabasca University is committed to providing students with disabilities with accommodations and support services to complete Athabasca University courses and programs successfully. Learning Strategy Appointments provide the opportunity to speak with a member of our staff and discuss study scheduling and learning strategies centred around skills relating to scheduling, paper writing, and studying skills.

As these appointments are individualized, our office asks for 7 to 10 days notice for all appointments to prepare adequately. Appointments typically take 1 hour but have been known to take up to 2 hours; please consider this when scheduling your appointment.

When attending your appointment, you will be sent an email with a link to an online meeting. Please check your myAU to see which email is your primary email, as this is where the link will be received. Currently, the online host is Microsoft Teams. We recommend looking at the site before your meeting. Your meeting will take place over Microsoft Teams, which runs through your internet browser or the Microsoft Teams App. You will receive an email to your primary email provided to Athabasca University with the meeting time and a link to join. Please check your myAU portal to ensure that the email on your file is the email you would like the university to contact you through.

At the time of the meeting, please click the link to join. The audio has options to run through your device, or there will be a phone number you can dial into if your devices' audio is non-functional. During the meeting, our staff member will share their screen with you while taking you through the plan and discussing strategies with you. Following the meeting, you will receive an email with the documents shown, along with a few additional ones.



1. How many courses are you looking to have scheduled? Please list below along with the course End Dates.

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2. Where are you currently in these courses? (ie. Unit 3, Reading 5, etc.) Which assignments/ quizzes have you accomplished? Please be as specific as possible.

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3. If you are taking multiple courses, are there courses you are more comfortable with? Less comfortable with? If you are in a single course, how comfortable are you with the material?



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4. Do you study through the week or only on weekends? Are there days you cannot work?

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5. If you are enrolled in more than one course, do you typically work on one course in a day or multiple?

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6. Do you have any outside commitments that need to be considered (i.e. Volunteer work, LSAT, MCAT, etc.)?

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7. Are you a funded student, or do you have any reason you cannot extend your course contract time?

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8. If recommended, are you willing to withdraw from courses?

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9. If you are applying for an extension, have you submitted supporting medical documentation?

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10. What is your primary goal for this meeting (i.e. Scheduling your time, discussing study tools, receiving an extension)?

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11. Any Additional Areas of Concern?

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